



NHS Adult (16+) Autism Assessment Referral Form: (Professional Use Only)

Name of Client:		NHS Number:	
Date of Birth:		Location:	
Gender:		Name of Referrer:	
Referrer email:		Referrer telephone:	

Does the person to be referred:		Additional information:
- have a diagnosed Learning Disability?	Yes / No	
- have identified Mental Health needs?	Yes / No	
- present any known risks to self?	Yes / No	
- present any known risks to others?	Yes / No	
- present any known risks to staff?	Yes / No	

Criteria for referral
<ul style="list-style-type: none">- We are commissioned to provide autism assessment to any adult (16 years +) registered with a GP in Herefordshire or Worcestershire. We do not assess for ADHD within this NHS pathway- Referrals for NHS support for adults with an existing diagnosis of autism should be directed to Autism West Midlands- Referrals can be made by any clinician within NHS Herefordshire & Worcestershire NHS- AQ10 must be completed and attached to the referral. This is attached or available online at http://docs.autismresearchcentre.com/tests/AQ10.pdf- Ensure all information is completed to ensure the referral is not rejected

**Reason for referral (please include as much information as possible).
Please attach relevant additional history or referral information as an appendix to this form.**

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Referrer:		Signature
Title / Role:		
Date:		
Referrer Address:		

Email this form and supporting evidence to support@thefamilypsychologist.co.uk

Please ensure the client has consented and is aware of the referral before transmitting this form.

AQ-10

Autism Spectrum Quotient (AQ)

A quick referral guide for adults with suspected autism who do not have a learning disability.

Please tick one option per question only:

		Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	I often notice small sounds when others do not				
2	I usually concentrate more on the whole picture, rather than the small details				
3	I find it easy to do more than one thing at once				
4	If there is an interruption, I can switch back to what I was doing very quickly				
5	I find it easy to 'read between the lines' when someone is talking to me				
6	I know how to tell if someone listening to me is getting bored				
7	When I'm reading a story I find it difficult to work out the characters' intentions				
8	I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc)				
9	I find it easy to work out what someone is thinking or feeling just by looking at their face				
10	I find it difficult to work out people's intentions				

SCORING: Only 1 point can be scored for each question. Score 1 point for *Definitely* or *Slightly Agree* on each of items 1, 7, 8, and 10. Score 1 point for *Definitely* or *Slightly Disagree* on each of items 2, 3, 4, 5, 6, and 9. If the individual scores **more than 6 out of 10**, consider referring them for a specialist diagnostic assessment.

This test is recommended in 'Autism: recognition, referral, diagnosis and management of adults on the autism spectrum' (NICE clinical guideline CG142). www.nice.org.uk/CG142

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12.



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