

## NHS Adult (16+) Autism Assessment Referral Form: (Professional Use Only)

Name of Client:	NHS Number:	
Date of Birth:	Location:	
Gender:	Name of Referrer:	
Referrer email:	Referrer telephone:	

Does the person to be referred:		Additional information:
<ul> <li>have a diagnosed Learning Disability?</li> </ul>	Yes / No	
<ul> <li>have identified Mental Health needs?</li> </ul>	Yes / No	
<ul> <li>present any known risks to self?</li> </ul>	Yes / No	
<ul> <li>present any known risks to others?</li> </ul>	Yes / No	
<ul> <li>present any known risks to staff?</li> </ul>	Yes / No	

#### Criteria for referral

- We are commissioned to provide autism assessment to any adult (16 years +) registered with a GP in Herefordshire or Worcestershire. We do not assess for ADHD within this NHS pathway
- Referrals for NHS support for adults with an existing diagnosis of autism should be directed to Autism West Midlands
- Referrals can be made by any clinician within NHS Herefordshire & Worcestershire NHS
- AQ10 must be completed and attached to the referral. This is attached or available online at <a href="http://docs.autismresearchcentre.com/tests/AQ10.pdf">http://docs.autismresearchcentre.com/tests/AQ10.pdf</a>
- Ensure all information is completed to ensure the referral is not rejected

Reason for referral (please include as much information as possible).
Please attach relevant additional history or referral information as an appendix to this form.

Referrer:	Signature
Title / Role:	
Date:	
Referrer Address:	

#### Email this form and supporting evidence to <a href="mailto:support@thefamilypsychologist.co.uk">support@thefamilypsychologist.co.uk</a>

### Please ensure the client has consented and is aware of the referral before transmitting this form.

### NHS National Institute for Health Research

# AQ-10 Autism Spectrum Quotient (AQ)

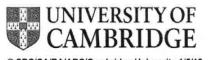
A quick referral guide for adults with suspected autism who do not have a learning disability.

Plea	se tick one option per question only:	Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	I often notice small sounds when others do not				
2	I usually concentrate more on the whole picture, rather than the small details				
3	I find it easy to do more than one thing at once				
4	If there is an interruption, I can switch back to what I was doing very quickly				
5	I find it easy to 'read between the lines' when someone is talking to me				
6	I know how to tell if someone listening to me is getting bored				
7	When I'm reading a story I find it difficult to work out the characters' intentions				
8	I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc)	: 111 2월 119 12 12 20 20 12 12 20 20 10 10 10 10 10 10 10 10 10 10 10 10 10			
9	I find it easy to work out what someone is thinking or feeling just by looking at their face				
10	I find it difficult to work out people's intentions				

**SCORING:** Only 1 point can be scored for each question. Score 1 point for Definitely or Slightly Agree on each of items 1, 7, 8, and 10. Score 1 point for Definitely or Slightly Disagree on each of items 2, 3, 4, 5, 6, and 9. If the individual scores more than 6 out of 10, consider referring them for a specialist diagnostic assessment.

This test is recommended in 'Autism: recognition, referral, diagnosis and management of adults on the autism spectrum' (NICE clinical guideline CG142). <u>www.nice.org.uk/CG142</u>

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) Journal of the American Academy of Child and Adolescent Psychiatry 51(2):202-12.



autism research centre